

1. Title of the practice:

RENOVATION AND CONSTRUCTION OF COLLEGE GROUNDS AND TRACK

2. **Goal:** Government college Ropar always believes that physical education & sports should be combined with benefits of holistic development and academics improvement of students. Under this exercise, the main goal of our college is to achieve holistic development of students by providing better health and well-being and rightfully channelizing their energy through sports, physical and recreational activities that help to improve physical & mental fitness, emotional stability and social behaviour of students and provide them more positive attitude to develop self esteem, mental alertness in students and reduces the likelihood of illness. Raising the level of professional sports and achieving betterment is also a major concern under this exercise.

3. **Context:** Our college has a large area for sports but a few years ago it became useless due to accumulation of sewage water and rain water in the playground. With the city's sewage water, the whole playground turned into a puddle and looked like wet ground. The condition of the playground deteriorated day by day . The PWD started work on the 400-meter track but due to paucity of funds could not complete it. They started the work on track but just could make a rough patch of stones in which bushes grew which made the ground worse. The surface of the playground was badly damaged by stones and bushes.

Practice: In 2019, the college focused on the playground. When the authorities took the estimate to renovate the playground, It was a big amount of expenditure, more the 25 lakhs that was not easy for college to manage. So on 31/05/2019, College requested its alumni by sending a letter of request to Sant Baba Kaushal Singh ji and Sant Baba Avtar Singh ji WHO WERE COLLEGE ALUMNI AND WERE WORKING AS PHILANTHROPISTS , to help the college for renovation and construction of its playground area. We also requested our Old Student Association to help college to improve its playgrounds. Respected Baba ji and SDM S. Daljit Singh ji (OSA) came forward to help the college. They managed all expenditures by their own. It took one and half year to get the playground in useable condition by clearing all dirt of playground and then construction of a 400 meters international standard track and renovation of other sports grounds for college.

4. **Evidence of Success:** At the end of 2020, we got a beautiful playground for college. Students and localities are taking advantage of ground for there good health and fitness. Morning and evening students, children and people are come to enjoy walk, run and other sports activities. Students and localities are also taking the advantage of professional coaching of football and cricket in college grounds. Handball player are also working hard in ground and raising their level in professional sports and giving best achievements to college. Our college also conducts local football, cricket, volleyball and athletics tournaments that helps us in raising the standard of sports and motivating the students to participate in sports.

5. **Problems encountered and resources required:** One side wall of the playground shares the Indus Valley Civilization. Due to that valley our playground area falls under construction prohibited area. Therefore, the construction of playgrounds in the Indus Valley civilization area was a major undertaking. Drainage was another major problem as there was no proper way or place to change the water. In addition, the surface of the playground was badly damaged by stones and bushes. So it became a big project to prepare the land for usable conditions.

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